

Martinsburg - Berkeley County Parks & Recreation

CO-ED VOLLEYBALL RULES

(Revised November 2012)

1. A maximum of six (6) players is allowed on the court at one time. The number of male participants at any time **CANNOT** exceed the number of female participants. Players can rotate on the court in a uniform manner, **ONE** player per rotation.
2. The minimum number of players allowed is four (4), two of which must be two females and two males. The only exception is when both teams agree to allow a different combination to play.
3. If a team is running late, they will have **5 minutes** after the scheduled start time to have a team present. If not, they will forfeit the first game. If the minimum number of members is not present **15 minutes** after the scheduled start time, they will forfeit the **MATCH**.
4. If the team has more players to arrive, the team may use their time out to place players on the court.
5. A player can only be on **ONE** roster. Player can be added throughout the season; however, in order to be eligible to play in the playoffs, the player must have played TWO (2) complete matches.
6. Each game will be played to a score of **twenty-one (21)**, with three (3) games being played per match until playoffs. Playoffs will be best of two (2) and Championship games will be best of three (3) to the score of twenty-five (25).
7. At the start of the match the team winning the toss can choose between service or side. If service is chosen the other team may pick which side.
8. Maximum hit per side is three (3). If your team uses all three (3) hits, ONE of those three (3) hits must be hit by a **FEMALE**. A block is not a designated hit. A block can only occur above the net.
9. Hits below the waist must be a bump. **NO OPEN HAND SLAPS** will be allowed.
10. A ball striking the ceiling shall remain in play provided the ball is legally played next by the same team.
11. Each team is allowed one timeout per game. Timeouts are for one (1) minute.
12. Basic Rules :
 - A. No carries – breaking the wrist on hits or obvious redirecting.
 - B. Contact with the net will result in sideout or point. The only exception is hair, loose shirt. Or force of the ball by an opponent pushing the net into the player.
 - C. You cannot touch the floor on the opposite side of the centerline (under the net) at any time while the ball is in play.
 - D. Each team must maintain the **SAME** rotation order throughout the entire game.
 - E. If the ball hits the line, it is ruled **INBOUNDS**.
 - F. A portion of the ball must break the plane of the top of the net before it can be played by the opposite team. No topping the net on the first or second hit of the opposing team. Block

must be straight up. On the **THIRD** hit of the opposing team, topping is legal to play the ball.

- G. You **CANNOT** block or attack the serve. Feet **MUST** stay in contact with the floor and the ball hit up. The back line **CANNOT** rush the net.
- H. Quick serving is **NOT** allowed; you must wait for the whistle.
- I. Feet Faults will be called.
- J. All calls by **CHAIR OFFICIAL ARE FINAL**. Only the designated captain can question a call in an orderly manner.

13. Unsportsmanlike conduct and vulgar language will not be tolerated.

On an individual basis:

Steps: 1st - Warning by the official.

2nd - Ejection for the remainder of the game.

3rd - Ejection for the match – results in suspension of the next two (2) scheduled matches (playoffs included)

4th – If a player ejected from the match fails to leave the gym and continues unsportsman like behavior during or after the match, that player will be suspended for the remainder of the season and the team will forfeit the match.

On a team situation:(Cumulative)

Steps: 1st – Warning by official.

2nd – Point or sideout awarded to opponent.

3rd – Forfeit the game.

4th – Forfeit the match.

5th – Suspension from the league.

14. Anyone who strikes another player or an official will be suspended indefinitely.

15. **Remember**, this is a recreational league; we're here to have fun and exercise. Do not ruin it for others!

Please be aware that it is a privilege for us to use these facilities; please take care of them. Clean up your trash and keep children in the stands with an adult.