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**PROGRAM # 1962.4000**

Come try this high energy, FUN, Latin-based, calorie burning, and cardio workout! Party yourself into shape!  
 Pre-registration is required to attend the class.

**Days: Mondays and Wednesdays  
 September 9 – November 11, 2020**

**Time: 5:30-6:30 pm**

**Instructor: Morgan Gower**

**Location: Berkeley 2000 Recreation Center – 273 Woodbury Avenue, Martinsburg, WV  
 Classes will be held in back parking lot (between the Gymnastics wing & the back of North Middle School)**

**General Information: This class is for ages 13 and up (under 18 must sign up with an adult.) A minimum of 15 participants is needed for this class, so sign up with a friend or two! Pre-registration is required. No drop ins.**

**Price: \$35 FOR 19 CLASSES!!!** To download a form to mail in or drop by our office, visit our website: [www.mbcparcs-rec.org](http://www.mbcparcs-rec.org) or [REGISTER ONLINE](#)

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Age \_\_\_\_\_

City, \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

1<sup>st</sup> Phone \_\_\_\_\_ 2<sup>nd</sup> Phone \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Cell Company: \_\_\_\_\_  
(Sprint, AT&T etc. – for receiving text updates)

Parent's Name \_\_\_\_\_ E-mail: \_\_\_\_\_  
(if under 18)

Emergency Contact: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Do you have any medical conditions of which we should be aware?  Yes  No

If yes, Please describe: \_\_\_\_\_

**LIABILITY WAIVER:** The undersigned, in consideration of being granted permission to participate in the Martinsburg-Berkeley County Parks & Recreation programs, agrees that undersigned shall indemnify and hold forever harmless the Martinsburg-Berkeley County Parks & Recreation and its employees against any liability as a result of any accident, injury or other mishap that may occur to anyone during, or as a result of said use of our facilities and property while participating in such programs. The undersigned further agrees to defend against any claim brought against the Martinsburg-Berkeley County Parks & Recreation or any of its employees as a result of any such accident, injury or mishap. All property maintained and operated by the Martinsburg-Berkeley County Parks & Recreation Board is owned by the City of Martinsburg, Berkeley County Commission, or Berkeley County Board of Education. Let it be understood that the undersigned, agrees that undersigned shall indemnify and hold forever harmless all elected officials to these three respected bodies and its employees against any liability as a result of any accident, injury, or other mishap that may occur to anyone during, or as a result of said use of those facilities and property.

**PHOTOS:** The Martinsburg-Berkeley County Parks & Recreation Board reserves the right to take pictures at all events and programs. Pictures may be displayed in future Parks & Recreation brochures and publications.

**MEDICAL RELEASE:** I further grant permission for emergency first-aid to be given in case of injury. If deemed necessary, I grant permission to be taken to the emergency room of a nearby hospital and its staff has my authorization to provide treatment which a physician deems reasonably necessary for my well-being.

**INCLEMENT WEATHER POLICY: CHECK OUR FACEBOOK PAGE AND OUR WEBSITE ([www.mbcparcs-rec.org](http://www.mbcparcs-rec.org)) Please tune into the local radio stations: WRNR (740AM), WEPM (1340 AM), WKMZ (95.9 FM), or WLTF (97.5 FM) for information on class cancellations.**

**REFUND POLICY:** Martinsburg-Berkeley County Parks & Recreation will give full refunds only for programs/leagues we are unable to offer.

Signature \_\_\_\_\_ Date \_\_\_\_\_

## **COVID-19 LIABILITY RELEASE**

I acknowledge the contagious nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing.

I further acknowledge that M-BC Parks & Recreation has put in place preventative measures to reduce the spread of the Coronavirus/COVID-19.

I further acknowledge that M-BC Parks & Recreation cannot guarantee that I will not become infected with the Coronavirus/Covid-19. I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others.

I voluntarily seek services provided by M-BC Parks & Recreation and acknowledge that I am increasing my risk to exposure to the Coronavirus/COVID-19. I acknowledge that I must comply with all set procedures to reduce the spread while attending your facilities.

I attest that:

\* I am not experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.

\* I have not traveled internationally within the last 14 days.

\* I have not traveled to a highly impacted area within the United States of America in the last 14 days.

\* I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19.

\* I have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non-contagious by state or local public health authorities.

\* I am following all CDC recommended guidelines as much as possible and limiting my exposure to the Coronavirus/COVID-19.

I hereby release and agree to hold M-BC Parks & Recreation harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of M-BC Parks & Recreation, or that may otherwise arise in any way in connection with any services received from M-BC Parks & Recreation. I understand that this release discharges M-BC Parks & Recreation from any liability or claim that I, my heirs, or any personal representatives may have against M-BC Parks & Recreation with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from M-BC Parks and Recreation. This liability waiver and release extends to the administration, staff, partners, and employees.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_