

Flip Over Gymnastics Open Gym Schedule

- Price: \$6 an hour per person per hour (Siblings are \$4 an hour per person)
- Waivers: Every person entering the gym MUST have a waiver filled out. Go to www.flipoverwaiver.com to fill yours out.

Times

Gymnastics Wing		
<u>Day</u>	<u>Time</u>	<u>Age</u>
Monday	10 to 11am	7 & under
	11 to 12pm	8 & up
Tuesday	11 to 12pm	7 & under
	1 to 2pm	8 & up
Wednesday	10 to 11am	7 & under
	11 to 12pm	8 & up
Thursday	11 to 12pm	7 & under
Friday	10 to 11am	7 & under
	11 to 12pm	8 & up
	4:30 to 5:30pm	Special Needs
	5:30 to 6:30pm	7 & under
	6:30-8:30pm	8 & up
Sunday	11 to 12pm	7 & under
	12 to 1pm	8 & up

Obstacle Wing (Marshal Mason)		
Monday	11 to 12pm	all Ages
Friday	5:30 to 7:30pm	Ages 11 and up
This is for cheer tumbling ONLY. There will be no playing allowed. Only floor mats and tumble trac are allowed to be used. THIS WILL BEGIN ON JUNE 7TH		
Saturday	10:30 to 11:30am	10 & under

****Starting**

in June, there will be no open gym on Wednesdays. We have moved that to Mondays.**

During the summer time, we do have to stay strict with age groups. This is only to ensure that every one stays safe.

