

Marshall Mason Wing (Obstacle) Schedule

Warrior “free running” Classes

Baby Warriors (Ages 18mos - 3)

In this class the babies will learn how to run, climb, and jump. If you have a little dare devil, this is the perfect class for you. They will learn how to problem solve by navigating obstacles around our gym. Since playing is essential to child development, this class may be a mixture of structure and free play. This is a parent participation class which means an adult is required to be in the gym and help the registered participant in the planned activities.

Monthly fee: \$45 ‘Early Bird’ Special – before the 1st: \$35

Monday 4:30 to 5pm – NEW CLASS

Lil’ Warriors (Ages 4 - 7)

In this class, your little warrior will start learning body control and building strength. They will learn how to jump over and navigate more difficult obstacles and courses. Since playing is essential to child development, this class may be a mixture of structure and free play. For ages 4-5, parents must stay in the building at all times. These parents may be asked to come out to the gym to help their little warrior if requested by the instructor.

Monthly fee: \$55 ‘Early Bird’ Special – before the 1st: \$45

Monday 5:15 to 6pm – NEW CLASS

Mighty Warriors (Ages 7-10)

In this class, your warrior should be mighty. We will start learning using their strength to swing and catch, jump, climb, and navigate more difficult obstacles and courses.

Monthly fee: \$65 ‘Early Bird’ Special – before the 1st: \$55

Monday 6 to 7pm – TIME CHANGE

Trampoline Recreation

Baby Jumpers (Ages 18mos - 3)

In this class the babies will learn how to jump and execute body control. They will learn basic skills on trampoline and double mini trampoline. They will learn how to problem solve by navigating obstacles around our gym. Since playing is essential to child development, this class may be a mixture of structure and free play. This is a parent participation class which means an adult is required to be in the gym and help the registered participant in the planned activities.

Monthly fee: \$45 ‘Early Bird’ Special – before the 1st: \$35

Thursday 4:30 to 5pm – NEW CLASS

Lil’ Jumpers (Ages 4 - 6)

In this class, your little warrior will start learning body control and building strength. They will start learning level 1 routines and passes. Since playing is essential to child development, this class may be a mixture of structure and free play. For ages 4-5, parents must stay in the building at all times. These parents may be asked to come out to the gym to help their little warrior if requested by the instructor.

Monthly fee: \$55 ‘Early Bird’ Special – before the 1st: \$45

Thursday 5 to 5:45pm – NEW CLASS

Beginner Trampoline

Monthly fee: \$65 ‘Early Bird’ Special – before the 1st: \$55

This is a beginner Trampoline and Power Tumbling class. Students will learn routines and passes from level 1 through 3 on Trampoline, Double Mini Trampoline, and Tumbling.

Thursday 6:45 to 7:45pm- TIME CHANGE

Intermediate Advanced Trampoline (Ages 6+)

Monthly fee: \$65 ‘Early Bird’ Special – before the 1st: \$55

In this class students will train on above ground trampolines, Double Mini Trampoline, and Power Tumbling. We follow USA Gymnastics progressions and competitive levels. Gymnasts will start learning how to do somersaults. They will continue to put together 10 skill routines at levels 3 and up on trampoline. On double mini and tumbling, we focus on level 4 and up passes and skills. Student must have prior trampoline training to be in this class.

Thursday 5:45to 6:45pm – TIME CHANGE