



# 2019 AMERICAN RED CROSS LIFEGUARD TRAINING CLASS (#4115.3000)

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**Fee:** *\$200 per participant (includes all instruction, Red Cross manual, and a CPR mask)*

**Age:** *15 years old and up (on the first day of class); Limit 10 participants.*

**Dates:** *May 16 & 17 (5:00pm—8:00pm) and May 18 & 19 (8:00am-5:00pm) - Please note that attendance of ALL class days in MANDATORY and must be taken into consideration before registering for this class.*

**Location:** *War Memorial Park Pool*

\*\*There will be a stroke and skills test on the first night of class that must be passed in order to continue on with the remainder of the class. The strokes/skills that will need to be performed are:

- *Swim continuously for 500 yards—100 yards breast stroke and 400 yards of front crawl.*
- *Swim 20 yards front crawl or breast stroke; surface dive and pick up a 10-lb object; holding the object, swim back 20 yards to the side of the pool using the elementary back stroke.*
- *Tread water for 2 minutes.*

Upon successful completion of the American Red Cross Lifeguard Training course, you will receive an American Red Cross Lifeguard Training Certificate. The certification, which includes First Aid, CPR and AED training, is **valid for two years** upon completion and is accepted nationwide. All those who successfully pass are invited to apply for a lifeguard position with M-BCP&R, however, we cannot guarantee employment.

NAME: \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

AGE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_ ADD'L PHONE: \_\_\_\_\_

EMERGENCY CONTACT (NAME & PHONE): \_\_\_\_\_

MEDICAL CONDITIONS?  YES  NO IF YES, EXPLAIN: \_\_\_\_\_

**\*\*OFFICE USE: COPY OF VALID ID INCLUDED?**  YES  NO **(REQUIRED TO REGISTER PARTICIPANT)**

A copy of the participants birth certificate or a valid driver's license must accompany this form. Please be sure the application is signed by a parent or guardian, if applicable, and dropped off or mailed to Martinsburg-Berkeley County Parks & Recreation, 273 Woodbury Avenue, Martinsburg, WV 25404 Monday-Friday, 9 AM—5PM. Please note that if you use a debit/credit card for payment in our office, there is a 2.65% merchant fee that will be added. Payments by check (or cash in office; please do not mail cash) have no additional charge. For more information contact Parks & Recreation at 264-4842 (Berkeley 2000 Office in Martinsburg). No online registration for the course.

**LIABILITY WAIVER:** As the parent (legal guardian) of the above named minor, I grant permission for this minor to participate in all activities of this class. As the parent of the above named minor or as an adult aged 18 or older participating in this class, I assume all risks and hazards incidental to such participation, including transportation to and from such activities, and I do hold harmless the Martinsburg-Berkeley County Parks & Recreation Board, M-BCP&R governing bodies, the instructor, and any and all other organizers, supervisors, participants, and persons transporting my child or myself to and from activities, for any claims arising out of injury to my child or myself except to the extent and in the amount covered by the accident or liability insurance carried by such person.

**MEDICAL RELEASE:** I further grant permission for emergency first-aid to be given to my child or myself in case of injury. If deemed necessary, I grant permission for my child or myself to be taken to the emergency room of a nearby hospital and its staff has my authorization to provide treatment which a physician deems reasonably necessary for the well-being of my child or myself.

**PHOTOS:** The Martinsburg-Berkeley County Parks & Recreation Board reserves the right to take pictures at all events and programs. Pictures may be displayed in future Parks & Recreation brochures and publications.

**REFUND POLICY:** Martinsburg-Berkeley County Parks & Recreation will only give a participant a PARTIAL refund IF the participant does not pass the water stroke and skills check on the first night of class in which case you will be unable to continue with the class. The refund will consist of \$125; the remaining \$75 will be retained for participant materials and related expenses. Refunds generally take 7-10 business days from the date submitted in our office. NO refunds will be given for any other reason, unless M-BC Parks & Recreation is unable to offer the class.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_