

New Students of Flip Over Gymnastics

Dress Code

Athlete can wear anything that is comfortable and form fitting.

- NO DENIM
- NO SHOES/SOCKS
- NO HOOK BRAS
- NO SKIRTS
- NO JEWELRY

Leotards are recommended.

Cancellation policy

If F.O.G. cancels a class due to low enrollment, we will notify you at least 24hrs in advance. We will do one of the following: bump your enrollment to another month or refund your payment.

Refund Policy

We will issue refunds for the following reasons:

- F.O.G. cancels a class
- There is illness or injury to athlete – documentation must be presented before refund is issued.

Make-up Policy

If your child misses a class, we give ONE make-up per month. This make-up entails an additional class they can attend or an open gym pass for one hour. Make-ups must be given within one month of missing class.

Drop Off Policy

We required parents/guardians to sign their children in if they are dropping them off at our gym. The sign in book is located on the front desk in the hallway.

Pick Up Policy

- You must come INSIDE to pick up your child. We don't let them walk out the door unattended. Students of ALL ages are not permitted to wait outside to be picked up.
- You must pick your child up ON TIME after class. Our staff is not allowed to leave children unattended. If an instructor must wait for you to pick your child up past 15 minutes after class, they do reserve the right to charge a supervision fee.

Inclement Weather Policy

- We do NOT follow school schedules when it comes to closing for inclement weather or holidays.
- Our closings are sent out through these various ways: E-mails, facebook postings, text messages, and we will leave a voicemail on our machine.
- Closings of A.M. classes/activities are announced by 7am.
- Closings of PM classes/activities are announced by 3pm.

Communication

We communicate mainly by e-mails and facebook posts. Please check the e-mail address that was provided to us on a regular basis to ensure you are up to date with our activities.

www.facebook.com/flipovergymnastics

flipover@mbcparks-rec.org

304-264-4842 Ext 22 - office

304-264-4842 Ext 13 – Cat Sloan (Director)

-Our office hours are Monday – Thursday 10 to 6pm/ Friday 10 to 12pm/ Saturday 9 to 12pm. Online registration is also available at www.mbcparcs-rec.org
-If there is more than one class offering, you just pick one day that suits your schedule! Price listed is for one day per week.

