

*Turning Pointe Centre for Dance*  
*2018-2019 Dance Hand Book*

273 Woodbury Avenue, Martinsburg, WV 25404  
[http://www.mbcparcs-rec.org/prog\\_dance.html](http://www.mbcparcs-rec.org/prog_dance.html)  
Email: [jambrielsowers@gmail.com](mailto:jambrielsowers@gmail.com)  
FACEBOOK-friend us at MBC Turning Pointe

**On days of inclement weather please call after 2pm for evening classes  
and after 8am for morning classes  
(304) 264-4842 Ext.15 for cancellation announcements**

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**September**

\*\*please pay \$20 to go towards costumes to help reduce the final balance due in Dec.

3<sup>rd</sup>-Labor Day-**Studio Closed**

4<sup>th</sup>-**First day of classes of the new dance season!!!**

**October**

\*\*please pay \$20 to go towards costumes to help reduce the final balance due in Dec  
8th- **dance studio is OPEN** but no public school

Oct.27-Nov 1<sup>st</sup> Costume/Dress Up week! Wear an appropriate costume to class each day! (this is a great time to get another use out of old dance costumes from recital)

**November**

\*\*please pay \$20 to go towards costumes to help reduce the final balance due in Dec  
1<sup>st</sup> week of Nov.- costume measurements will be taken in each class for costume ordering  
6<sup>th</sup>- Election Day-**STUDIO OPEN!**

12<sup>th</sup> Veterans Day- **Studio Closed –No Classes**

Mid-November –Remaining costume balances will be invoiced

21<sup>st</sup> -25<sup>th</sup> Thanksgiving Break- **Studio Closed –No Classes**

**December**

15-**Final Costume Fees Due**

15th -20<sup>th</sup> -Parent Observation Week/Holiday Party-please join in watching your child take class to see all that they have learned thus far!

Dec 22<sup>nd</sup> - January 1<sup>st</sup> - **No Classes** Christmas/Winter Break

January 2<sup>nd</sup> **classes will resume!!**

**January 2019**

January 2<sup>nd</sup> **classes will resume!!**

21<sup>st</sup> M.L.K. Day - **dance studio is OPEN**

**February**

18<sup>th</sup> President's Day - **dance studio is OPEN**

**March**

15<sup>th</sup>-no school- **dance studio is OPEN**

**April**

15-21<sup>st</sup> **No Classes** Easter/Spring Break

22<sup>nd</sup> classes will resume

Costumes should be in by the end April

Costume Pictures- TBA

**May/June**

27<sup>th</sup>-Memorial Day- **Studio Closed –No Classes**

STAGE PRACTICE: TBA

RECITAL DATES: TBA

*\*\*Please note that additional rehearsals for special performances, finale rehearsals, etc. may be held in the evenings or on Saturday afternoons\*\**

**On days of inclement weather please call after 2pm for evening classes and after 8am for morning classes (304) 264-4842 Ext.15 or check Facebook at "MBC turning Pointe" for cancellation announcements**

## *Turning Pointe Centre for Dance*

### **Introducing our TPCD Faculty!!**

**Jambriel Sowers**, a 2002 cum laude graduate of Shenandoah University, holds a Bachelor of Fine Arts degree in Dance Education (pre-K-12 certified). Her concentrations include: ballet, modern, jazz, tap, lyrical, hip-hop, Asian dance, ballroom, choreography and extensive work in dance pedagogy, child development and foundations for dance education. She has performed in 30+ main stage dance productions including a professional concert at Dance Place Theatre of Washington, DC as a member of the Flying Lions Dance Company and as a guest performer for NextReflex Dance Company. Her professional studies include instruction with celebrated artists Mia Michaels, Denise Walls, Mandy Moore, Tony Dovolani, Greg Russell, Dave Scott, Sheila Barker, as well as other faculty of the Pulse, Broadway Dance Center, River North, and Hubbard Street Company. Jambriel's most honorable time was spent dancing under the legendary, Gus Giordano Jazz Dance Company of Chicago as a scholarship student in 2004.

She has been granted with two prestigious awards from SU in recognition of her commitment to artistic growth, dance education, and service to the dance communities of the Mid-Atlantic Region. She had the honor of being selected by faculty to showcase her choreography at the American College Dance Festival in Buffalo, NY. In 2012, she received a certificate in the "Leap N Learn" program for 3-6 yr. olds held at the Alvin Ailey Studios of NYC in 2012! She attends NYC dance conventions each year to continue her dance education.

Jambriel is now going into her nineteenth year of teaching and choreographing dance including fifteen years as a public high school teacher. Jambriel is extremely honored to be in her eighth year appointed as the dance coordinator of Turning Pointe Centre for Dance.

**Amy Scofield** has seventeen years of dance training with concentrations in ballet, jazz, modern, tap, lyrical, pointe, and hip-hop. She has performed in multiple recitals as well as competed on the regional and national levels. She has had the honor of taking dance classes under well-known choreographers and performers such as Frank Hatchett, Nick Florez, Barry Youngblood, as well as Tyce Diorio and Lauren Gottlieb from the FOX hit So You Think You Can Dance. Amy also attended West Virginia University for two years with a minor in dance. There she was a member of the National winning WVU Dance Team and part of the WVU Dance Ensemble. Throughout her dance career, Amy has choreographed for award winning high school dance teams, show choirs, and various dance routines for all ages. Amy is currently in her eighth year as a dance instructor for the Turning Pointe Centre for Dance.

**Sara McConnell** and her growing family moved to Martinsburg in August of 2012 from Chambersburg, PA. Sara was a gymnast and dancer for over ten years. In her prime, she was a level 7 state champion, achieved a level 9 ranking, and was nationally ranked overall. For the last 5 years, she has taught gymnastics and dance in the Pennsylvania area. Her dance experience includes ballet, jazz, hip-hop and acro-dance! Miss Sara is currently in her sixth year as a dance instructor for Turning Pointe Centre for Dance!

**Courtney McCusker** is a Berkeley County native, wife, and mother of two. She began dancing at the age of three and hasn't stopped since. Her studies include: ballet, jazz, lyrical, tap, hip-hop, modern and pointe Miss Courtney is currently in her third year as a dance instructor for Turning Pointe Centre for Dance!

**Kalynn Frye** was born and raised in Martinsburg, WV. She has seventeen years of dance training in the concentrations of ballet, jazz, modern, acro-dance, hip-hop, cheer dance, tap, and pointe. Kalynn is a graduate of Shepherd University and a health and fitness instructor for the Wellness Center at City Hospital. She is excited to be returning for her fifth year as a dance instructor for Turning Pointe Centre for Dance this coming Fall!

**Lindsay Watkins** is a senior BFA Dance major at Shenandoah Conservatory in Winchester, VA. She has been dancing since the age of 4. She is trained in various genres of dance including: ballet, pointe, jazz, modern, contemporary, hip-hop, tap, and Irish step dance. Lindsay is the recipient of various scholarships and grants to support her dance training and summer dance intensives. These intensives include: gloATL, Colorado Conservatory of Dance, Louisville Ballet, levelDance, Ballet Hispanico and many more. Lindsay has performed in classical ballets for many years and earned the lead roles of the Sugar Plum Fairy in the Nutcracker, Kitri in Don Quixote, and Gulnare in Le Corsaire. She has had the pleasure to perform works created by Eddy Ocampo, Lauri Stallings, Tiffani Carson, Shylo Martinez, Dominic Walsh, and many other renowned choreographers. Lindsay's had the greatest honor to assist Eddy Ocampo at the Regional Dance America Festivals as well as perform internationally in various locations of China. She is excited to be joining the teaching staff of Turning Pointe Centre for Dance this Fall!

**Lauren Junkins** is a recent graduate of Spring Mills High School and an alumni of TPCD. She will be entering her first semester at Shepherd University this Fall. She has been dancing for nine years and her training includes ballet, jazz, tap, modern, lyrical, pointe, and hip-hop. Her performance experience not only includes her main-stage dance recitals for the past nine years but she was also a member of the SMHS Fusion Dance Team for the past three years. She is excited to return to Turning Pointe Centre for Dance as a first year dance instructor for the Twinkles this fall!

## Turning Pointe Centre for Dance

### Proper **Ballet** Attire

#### **Girls Leotard Style: Can be chosen by parent/students**

Twinkle Babies, Tots, Toes and Mommy and Me-Light Pink leotard, light pink tights, pink leather or canvas ballet shoes

Ages 6 & 7: Light Blue leotards, ballet pink tights, pink leather or canvas ballet shoes Little Stars III-V

Ages 8-9-10: Light Purple leotards, ballet pink tights, pink leather or canvas ballet shoes

Ages 11+ (Junior and Teen Ballet)-Black leotards, pink tights, pink ballet split sole shoes (leather or canvas)

**Ballet Slippers:** Capezio, Bloch, or Sansha brands preferred

Suggested: Beginner-full sole pink soft shoe-leather or canvas

Juniors-Teens - split sole, pink soft shoe-leather or canvas

#### **Pointe Shoes**

Fitting is dancer specific; please check with instructor for additional information. We strongly suggest: FOOTLIGHTS in Frederick, MD (call for apt/fitting hours)

#### **Girls' Tights**

Mommy and me, Twinkles, and all Little Stars: Light Ballet Pink Footed Tights

Junior and Teens: Light Ballet Pink Convertible Tights or full tights

#### **Ballet Boys**

White T-shirt with black men's tights or dance pants with white or black Split Sole Ballet shoes

#### **Information for Ballet Attire**

- For the younger student: Panties **should not** be worn under leotards unless absolutely necessary. Tights act as undergarments for girls. **(3-5 yr. olds)-Tutus may be worn only at the end of class at teacher's discretion. (6 +) Ballet skirts are optional during center work only.** It is necessary for instructor to see proper alignment during barre work!
- For older students, Panties **should not** be worn under leotards. Tights act as undergarments for girls. If necessary, specific dance undergarments can be purchased. Ballet skirts are **optional during center work only.** It is necessary for instructor to see proper alignment during barre work!
- **Bra straps should match** the color of the leotard being worn and should not be visible in the back of the leotard. Nude leotards with built in bras or dance bras may be purchased if necessary. (Highly recommended)
- **Dance Sweaters (not hoodies) and leg warmers** are permitted in warm-up. Then, these items will have to be removed in order for instructors to see proper placement. T-shirts, sweatpants, baggy or loose fitting items will not be permitted.
- No jewelry (other than stud earrings) please.
- **Ballet Hair** is to be placed **securely** in a bun using a hair net and bobby pins. **No Bangs.** If you have short hair-pulled back away from face.

## Proper **Tap/Jazz/Hip Hop/Lyrical/ Modern/Acro** Attire

### **Tap Attire**

Tap: Ballet Leotard and tights with a ballet skirt or tank top and dance shorts/capris with tank top. (Sport bra if needed) may also wear jazz pants and tank

**Tap Shoes:** Black tap shoe-Capezio or Bloch preferred, slip-ons or ties.

**Tap Hair:** Please pull hair back in a secure ponytail or bun for class.

### **Jazz Attire**

All jazz classes: leotard/tights with jazz pants or shorts or leggings as well as a tank top or cami with black jazz pant or black jazz capris

### **Jazz Shoes**

Suggested: Beginner-full sole Black (slip-on) jazz shoe

Inter/Adv.-split sole-Black (slip-on) jazz shoe

**Jazz Hair:** Please pull hair back in a secure ponytail or bun for class.

**Hip Hop:** Any dance attire, athletic wear, sweat pants, or capris. **Restrictions** are jeans, bootyie shorts or any revealing tops, tummies must be covered, may wear black jazz shoes or jazz sneakers (Capezio, block, Sansha etc.)

### **Lyrical and Modern Attire/Acro**

Junior & teen: Any style leotard or tank top and any color convertible/footless tights, leggings or dance shorts

### **Lyrical/Modern Shoes**

All classes: bare foot or "FootUndeez" (May be purchased in any color, but nude will be required for recital and performances)

**Lyrical/Modern/Acro Hair:** Please pull hair back in a secure ponytail or bun for class.

**"Acro Shoes" or "agility gym shoe"**- are suggested for acrodance, however bare feet will also be acceptable. For acro shoes, you may find them at [dancewearolutions.com](http://dancewearolutions.com), [designsfordance.com](http://designsfordance.com) or [discountdance.com](http://discountdance.com)

No dangly jewelry (studs are permitted), chains, zippers, or loose fitting clothes.

*Please label any and all items that your child brings to the dance studio!*

**\*\*Please note that any student that comes unprepared may not be permitted to take class. \***

*Turning Pointe Centre for Dance*

**Where to Purchase Dance Attire**

**Footlights: Dance & Theatre Boutique** (301) 696-1558  
306 East Church Street  
Fredrick, Maryland 21701  
<http://www.dancefootlights.com>

**Encore: Apparel in Motion** (304) 876-3040  
108 E. Washington Street  
Shepherdstown, WV 25443  
[www.encoreshepherdstown.com](http://www.encoreshepherdstown.com)

**Wilkins' Shoe Center** (800) 888-737-5967  
7 South Loudoun St, Winchester, VA

**Footlights: Dance & Theatre Boutique** (301) 696-1558  
306 East Church Street  
Fredrick, Maryland 21701  
<http://www.dancefootlights.com>

**The Dance Shop** 304-267-6788  
1591 Winchester Ave.  
Martinsburg, WV

**Payless Shoe Store** Martinsburg or Hagerstown Mall (carry beginner ballet, jazz and tap)

**ONLINE ORDERING- much cheaper BUT-BEST IF YOU ALREADY HAVE BEEN FITTED AND KNOW THE BRAND THAT YOU LIKE-different brands size differently.**

**DanceWear Solutions**  
[www.dancewearsolutions.com](http://www.dancewearsolutions.com)

**Discount Dance Supply** (800) 328-7107  
<http://www.discountdance.com/index.php>

**Just For Kix** (800) 762-3347  
<http://www.justforkix.com/>  
[Designsfordance.com](http://www.designsfordance.com)

Please note that there are many other places to purchase dancewear; however, these are some of our favorite places (with great prices) to shop!

# Turning Pointe Centre for Dance

## Arrival and Dismissal Policies

- **Young students should be escorted to and from the door by an adult. All Dancers should wait inside the building when waiting for a ride.**
- Students should not leave the building if they are unable to locate their parent or ride. They should return to their instructor or the office, notify the secretary or instructor, and wait in the studio until someone comes to pick them up.
- **DANCE SHOES SHOULD NOT BE WORN OUTSIDE OF THE DANCE STUDIO.** Leotard and tights should be covered up when outside of the studio.
- Dancers should arrive **5-10 minutes prior** to their given class time and **be fully dressed** in uniform **with hair placed securely** or in a bun (depending on the class). **There is not a separate lobby / waiting area**, students will quietly enter the studio and place personal items in the cubbies and have a seat on the chairs. Parents are not permitted to watch class unless it is December Observation Week.
- Dancers should be picked up **no later** than 15 minutes after ending class time. If a student needs to leave class early, please notify the instructor at the beginning of the class.
- Please have **younger dancers** use the restroom prior to class.

## Attendance and Absence Policies

- If possible, we ask that students attend class when injured; however, not when ill or contagious. We respectfully request a written permission note or e-mail from a parent or guardian to sit out of class. These notes will be kept on file for excused absences.
- Absences from injury or illness are considered excused if accompanied by a doctor's note and may be made up within one month of the missed class. Please see your instructor of the class missed to be assigned an appropriate make up class.
- With the exception of the previous instances, there are no make up classes for being out of class, and there is no tuition reimbursement for absences.
- Absences due to a long term illness or injury may allow a suspension of tuition payments, but does not ensure a space will be available upon the dancer's return.

## At the Studio

For safety and for a nurturing learning environment, the following rules are for all dancers:

- Negative Attitudes and Gossiping will not be tolerated by anyone, we try to create a positive -nurturing learning environment for all☺
- No gum or dangly jewelry
- No hanging or climbing on ballet barres or touching mirrors.
- No running or horseplay in the studio.
- Only water (in bottles or containers) will be permitted in cubbies and dance studio.
- **Please no street shoes on the dance studio floor at any time.**

## *Turning Pointe Centre for Dance*

### **Parent Observation Day**

Please feel free to come and observe your child's normally scheduled classes during the last week before Christmas Break! There will not be any other observation days; we like to keep things the girls have been working on as a surprise for the end of the year recital!!

#### **Communication**

- E-mail: Please make sure that the office has an up-to-date e-mail address in our system to be able to receive information.
- Literature may be sent home with students at the end of class from time to time.

We ask that parents refrain from asking instructors questions between classes so as not to infringe on the next class. Also, we would like to render the proper attention to questions via phone or e-mail:

**Dancer or Policy Questions: (dance coordinator) Jambriel Sowers** please email:  
Jambrielsowers@gmail.com

**Updating information, Billing, or Class Information? Speak with administrative offices**  
(304) 264-4842

### **Cancellation of Classes**

**Inclement weather cancellations** are usually made after 2pm for evening classes and after 8 am for morning classes. We **do not** follow the Berkeley County Schools weather policy; **please Friend us on Facebook at "MBC Turning Pointe"** for updates or **call the office at (304) 264-4842 Ex. 15** to listen for a cancellation recording or

If conditions at your location do not permit you to drive, please do **not risk it!**

## *Turning Pointe Centre for Dance*

### **Tuition Payments and Policies**

*TPCD* works under an ANNUAL TUITION agreement. With an annual tuition agreement, your tuition is based on a nine-month timeframe, not a month-to-month basis. Tuition is due by the last business day of every month before 5pm and can be paid in the dance office in person, online, or through the “drop box” on front porch or inside studio”. There will be no prorated classes/months.

*TPCD* students are expected to be in the May/June recital.

**All TUITION and COSTUME FEES must be PAID in order to participate in recital.**

To receive DISCOUNTED RATES, you must register for all classes at the same time for the computer system to allow the discount action.

#### **\$ Late Fee Policy \$**

- The first month's payment will be paid at registration for September. Subsequent **payments are due the last business day of each month for the upcoming month – ex: October's payment is due by the last *business day of SEPTEMBER* (October-May).**
- Failure to receive reminders does not excuse late payments.
- **If payment is not received on time, a payment-processing fee of \$10 is assessed.**
- If payment is not received, you will also receive a telephone call from our office after the statement has been sent. If payment is not then received, the student may be **suspended from classes** until the account is settled.
- Students with past due accounts will not be issued complimentary tickets, or permitted to participate in recitals or performances until the account has been paid to date.
- No Personal Checks will be accepted for “dance tuition” after May 15<sup>th</sup> –only certified cashiers check, cash, or credit card.
- A returned check fee is \$25.
- Patrons are notified and must settle the account within 30 days or the student will be suspended from class until the account is settled.

## *Turning Pointe Centre for Dance*

### **Costumes Fees**

Costumes for our performances and recital are special orders. Measurements of students will be taken during class time to help limit alterations to costumes upon their arrival. This does not mean that alterations will not be necessary for your child's costume. Payment is due by December 15<sup>th</sup> as ordering separately incurs additional fees. Please understand that each class performs a different role or number, therefore requiring a different costume for each class. If your dancer is enrolled in multiple classes, there will be more than one costume fee. ***These fees are not refundable and costumes cannot be exchanged.***

- **\$20.00 a month (September, October, November) per costume will be collected to go toward costume fees to avoid an overwhelming balance in December.** (any "overpayment" will be refunded or contributed to class tuition per parent choice)
- Costume fee for each class costume invoiced in November (Payment due in full by December 15<sup>th</sup>)
  - \$35-60 per class for Twinkle Tots-Little Stars
  - \$45-80 per class for Intermediate-Advanced Classes
- New shoes, tights, etc. for recital-depends on costume and instructor
- Seamstress fees for costume alterations-opt
- Special cast assignments or additional rehearsals

### **Optional Recital/Performance Costs**

- Attire with studio logo
- Pictures and Picture Packages
- DVD of recital-est. \$35
- Flowers, cards, and gifts

***Registration, Tuition, Costume Fees and Recital Tickets are non-refundable***  
**All TUITION and COSTUME FEES must be PAID in order to participate in recital.**

### **Performance Information**

*During the second semester, we will begin handing out important Recital and Performance information. This information will give you more detailed information about our recital including costume requirements, rehearsal schedule, hair and make-up requirements, and additional information.*

*Pictures and extra rehearsals may take place during the April and May months. We will send home literature in advanced.*

## *Turning Pointe Centre for Dance*

### **Lost and Found**

- **Label all belongings!** Label dance shoes on the inside only as writing on the bottom of shoes can be seen from stage during performance.
- The lost and found bin can be found beside studio doors by student cubbies.  
*Turning Pointe Centre for Dance or MBC Parks and Rec* are not responsible for lost or stolen items. We highly recommend a dance bag to keep all belongings in during class. Please do not bring items of high value to the studio.

*Thank you and welcome to the Turning Pointe Centre for Dance! We look forward to a wonderful dance season!*

