



Martinsburg Parks and Recreation

YOUTH SOCCER GAME RULES

IMPORTANT PRACTICE INFORMATION: Players who do not attend practices regularly, it is at the coaches' discretion to make the final decision on playing time for those who do not have strong attendance during scheduled practices. We encourage all parents to transport their children practices. We understand situations arise, so please stay in communication with your coach.

U8 Soccer

- 4 quarters 10 min each
- 7 v 7 including Goal Keepers
- No headers at the U8 age...
An indirect free kick will be awarded to the opposing team if a player age 10 or younger, deliberately touches the ball with his/her head during a game
- There is no offside at this level
- There are no direct free kicks at U8. All penalties are indirect
- The kick off can go in either 'direction(forward or backwards on kick off)
- There are no PK's for U8. If a foul occurs in the box the ball will be set outside the box for a free kick
- There is no slide tackling
- Every player must play at least half the game. This does not have to be in any given order but they must play at least 20 mins of the game.

U10 Soccer

- 2 halves 25 min each
- 9 v 9 including a keeper
- No headers at the U10 age...
- **An indirect free kick will be awarded to the opposing team if a player age 10 or younger, deliberately touches the ball with his/her head during a game**
- There is offsides for this age group
- There is no slide tackling
- The kick off can go in either direction(forward or backwards on kick off)
- Every player must play at least half the game. This does not have to be in any given order but they must play at least 25 mins of the game

U12 Soccer

- 2 halves 30 min each
- 9 v 9 including goal keepers
- There is heading at this age group
- There is offsides
- Players are allowed to slide tackle
- The kick off can go in either direction(forward or backwards on kick off)
- Every player must play at least half the game. This does not have to be in any given order but they must play at least 30 mins of the game

U15 Soccer

- 2 halves 35 min each
- 11 v 11 including goal keepers
- There is offsides
- Players are allowed to slide tackle
- The kick off can go in either direction(forward or backwards on kick off)
- Every player must play at least half the game. This does not have to be in any given order but they must play at least 35 mins of the game

Referees are allowed to have a player removed from the game at any point if they feel the player may have received a concussion. There are no exceptions to this. Please remember referees are 100% off limits during the games. This is for coaches and parents. Coaches if you have a question about a call or rule please approach the ref professionally after the game and ask for an explanation so you can better prepare your kids for the future.